

CALM

Community After Loss & Miscarriage

CALM is a bereavement support group for parents of any gestational loss.

We offer a face to face support meeting once a month in Basingstoke and an online support group on Facebook. We also offer a national reach for support, however the meetings are held in Basingstoke Hampshire.

At our support meetings we have a social focus on making friends within the baby loss community. We have fun activities to get involved with, treats and refreshments, things to keep your hands busy that give back to other baby loss parents. We have guest speakers, various topics to discuss, a resources area and a library available. Most importantly its a safe space where you can be yourself and talk about your baby surrounded by others who understand.

We meet on the second Thursday of every month at 7:30pm at The Safe, 18 Winchester Street, Basingstoke, Hampshire, RG21 7DY.
(Closest car park is Joice's Yard, 33 New Street, Basingstoke, Hampshire, RG21 7DT). Located opposite The Maidenhead Inn - JD Wetherspoon.

To join the online support group, keep up with any event changes etc please find us on Facebook: CALM From Leia, With Love. All details of our upcoming meetings will always be in our Facebook group. You can find links to the CALM Facebook and all of our other services through our Facebook page: <https://www.facebook.com/flwluk/>

Supporting families through baby loss.

In memory of Leia Violet Pugsley 8th September 2018.



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From Leia, With Love CIO
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