## February 2024 Newsletter

## New website

Welcome to our new website!!!

As you can see we have redesigned our website to hopefully make it clearer and easier to navigate and use.

## Change to appointment system

Another big change is that from Monday $12^{\text {th }}$ February we are changing how our appointment system works. We are moving to a total triage model of care which has been recommended by NHS England to help ensure you see the right person, in the right place, at the right time. Every request for advice or appointments will be reviewed by a GP who will assess who is best to help with that issue and in what timeframe. We have a large team of professionals working in our practice who are able to support you with your needs and by using the whole team this ensures we keep waiting times to a minimum, whilst offering the safest care. It also allows us to use the whole number of services available in the NHS including many which you can self refer to.

If you need an appointment please use the link on our new website and we will contact you either having answered your query or by sending a booking link to book in for an appointment. All appointments requests (urgent and routine) will be requested this way and will be reviewed by a GP the same day. We hope by moving to online requests this will make it easier for you to contact us and request care without having to hold on the phone for prolonged periods of time.

If you are not able to access the internet please continue to call us or drop in and our reception team can help complete the form on your behalf.

## Pharmacy First Scheme

From February 2024 the national Pharmacy First scheme went live which means that pharmacists can now assess and treat 7 common conditions. Many of our local pharmacies are participating in the scheme including Boots in Chineham, Tesco in Chineham, Day Lewis, Popley Pharmacy and Fastfare, as well as most town centre pharmacies. You are able to walk in and self refer for any of the following conditions:

## CHINEHAM MEDICAL PRACTICE

## NHS <br> Providing NHS services

Most pharmacies can help you with seven common conditions without needing a GP appointment


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- Sinusitis
    (adults and children aged }12\mathrm{ years and over)
-Sore throat
(adults and children aged 5 years and over)
- Earache
(children and young adults aged 1 year to 17 years)
- Infected insect bite
    (adults and children aged 1 year and over)
- Impetigo
    (adults and children aged 1 year and over) (adults and children aged 1 year and over)
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Shingles
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Shingles
(adults aged }18\mathrm{ years and over)
(adults aged }18\mathrm{ years and over)
~ Urinary tract infection
~ Urinary tract infection
(women, aged 16 to 64 years)

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(women, aged 16 to 64 years)
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Ask your pharmacy for more information about this free* NHS service


