#### New Partnership with trusted digital health NHS Partner

## Why are we moving online?

Moving long-term condition management online, we hope to improve your overall experience with our practice by:

- Reduce the time you have to wait for an appointment
- Provide you with easier access to clinicians when you need it
- Give you a clear management plan much quicker

# What will you have access to?

You can access Suvera's patient secure patient portal as part of our online clinic. From here, you can submit information about your health from home.

## **Getting your invite**

You'll receive a text message inviting you to use the online clinic and a link to the patient portal.

To access the patient portal, log in using your full name and date of birth.

## Submitting information through the patient portal

You'll be able to answer the health questionnaires through the patient portal and submit data like blood pressure if we need it.

When you share information about your health, a dedicated and specialised care team will review your data. They then provide clinical support all year round for your condition management.

Any information you share is safe and secure and won't be shared with anyone but your GP practice.

## **Ongoing appointments**

A member of the care team will review the information you share and decide on the appropriate actions or next steps.

Most of your appointments for long-term conditions will be done via phone or video call. In this appointment, you will discuss your long-term conditions, medicines, and other important lifestyle factors like diet and exercise.