

General Practice Community Frailty & Carers Day



**Tuesday 23rd September 2025
(11:00-14:00)**



Whitewater Loddon Primary Care Network

Representing our three partner practices; Whitewater Health (Hook & Hartley Wintney), Chineham Medical Practice and Clift Surgery, we are delighted to invite our patients to our Community Frailty & Carers Day, to talk to our healthcare professionals, GPs and support services:

Speak to our advisors

- ✓ Home Instead
- ✓ Princess Royal Trust for Carers
- ✓ Alzheimer's Society
- ✓ Basingstoke NeighbourCare
- ✓ Forever Singing
- ✓ Local GPs & Frailty Team
- ✓ Basingstoke & Deane Borough Council Wellbeing Team
- ✓ British Red Cross
- ✓ Hart District Council

Tea & coffee served by
Chineham Practice Patient Participation Group

ALL WELCOME!!

**Drop in
throughout the day!**

Speak to our advisors

Listen to our talks

11:00-11:45

"Your GP Frailty Team – who they are & what they do"

12:00-12:30

"Support for carers – what is available & how to access it"

12:30 – 13:00

"Live Longer Better – Strength & Balance"

**Christ Church, Chineham
Reading Road, Basingstoke
RG24 8LT**

Easy access.

Cared for and carers welcome.

Limited parking available
If possible, please arrive on foot, by
public transport,
or car share

"Healthcare Connecting with the Wider Community to Empower Patients & Practices"